

ARE YOU READY TO MOVE OUT? NAME \_\_\_\_\_

This is a list of 100 questions to ask yourself to find out if you're ready to move out on your own. They are divided into categories. Questions can be answered by fill-in, short answer, yes/no, or lists.

### MOVING OUT

1. When do I want to leave home to live on my own?
2. Who will I live with?
3. Where do I want to live? Why that location?
4. How much can I afford for an apartment?
5. What is a security deposit?
6. How would I go about finding an apartment?
7. What is a lease?
8. What would the landlord expect from me
9. What kind of neighbor am I now?
10. What are 4 things that could get me kicked out of an apartment?

### PAYING FOR EXPENSES

11. What furniture would I need and how much will it cost?
12. How much will I spend on food each week?
13. How much will I spend on clothing each month?
14. How much would I spend on utilities each month?  
Gas \_\_\_\_\_ Electric \_\_\_\_\_ water \_\_\_\_\_ trash \_\_\_\_\_
15. How much would my phone bill cost?
16. Would I need cable and how much would it cost?
17. Do I own a car?

18. What are some of the hidden expenses of owning a car?
19. Do I know how to use the city metro bus system?
20. How much would I like to spend on entertainment each week?
21. How do I get utilities turned on?
22. How would I remember to pay all of my bills on time?
23. What happens if I can't pay my bills on time?

#### BANKING & BUDGETING

24. Have I saved any money? How much?
25. What is a budget?
26. Do I know how to use a bank? Cash a check? Write a check?
27. Do I know how to fill out a tax form?
28. My opinion of credit cards is:

#### FOOD & COOKING

29. These are 5 things I know how to cook.
30. I can measure ingredients when following directions.
31. These are some of the healthy foods I eat.
32. I know how many calories I need each day?
33. Have I ever made a grocery list and looked at ads?
34. Have I ever shopped for groceries before?
35. I know how to read food labels?
36. I should try to eat \_\_\_\_\_ servings of fruit and vegetables each day.
37. I know how to double a recipe.
38. I know what most cooking terms mean. (beat, chop, peel, stir)

39. I have planted and picked vegetables from a garden.
40. I try to avoid meat products at least once per week.
41. I try to eat “naked” meat (raised on natural food, no hormones).
42. I check expiration dates.
43. Where would I shop to save money on groceries?
44. I know how to calculate tips in restaurants.

#### CHORES

45. Do I know how to keep my apartment clean and pest free?
46. What are my daily household responsibilities now?
47. Do I know how to wash my own clothing without ruining everything?

#### LEGAL ISSUES

48. Do I do anything now that would get me into trouble if I got caught?
49. Can I take orders from an authority figure?
50. If I got into trouble, who would be the first person I'd call?
51. What would I do if I were the victim of a crime?
52. Can I read well enough to understand things that I am signing?

#### EMPLOYMENT

53. Have I been able to find a job on my own?
54. How long have I been able to hold a job?
55. What is my work experience?
56. Can I correctly fill out a job application in person and online?
57. Have I been through a job interview?
58. Do people have a hard time understanding what I say?

## TIME MANAGEMENT

59. Am I able to get myself up in the morning?
60. Am I usually late for appointments? \_\_\_\_\_ Class? \_\_\_\_\_
61. Do I turn in assignments on time? \_\_\_\_\_
62. Who are 4 people I would probably see each week if I were living on my own?
63. What are some things others are doing for me that I would have to do for myself?

## SCHOOL & TRAINING

64. Will I be finished with high school?
65. Will I need further career training?

## HEALTH & SAFETY

66. How would I get medical insurance?
67. Where would I go to the dentist?
68. How would I keep from getting pregnant or getting someone pregnant?
69. How would I avoid getting a sexually transmitted infection?
70. What would I do if I had a cold?
71. I like to exercise.
72. I belong to a fitness facility.
73. I like to walk the trails in the Metro Parks.
74. I ride my bike for pleasure.

## RELATIONSHIPS

75. Would my boyfriend/girlfriend create problems for me if I was living on my

own?

76. Would my friends want to use my apartment for parties?
77. Do I have a friend who would take advantage of my independent living situation?
78. I would invite my family over for dinner.
79. My friends would describe me as:

#### PARENTING

80. Am I ready to be a parent?
81. What would I do if my child was ill?
82. What are 5 of the biggest things I will need to do to raise my child?
83. Who will watch my child when I go to school/work?
84. What are some of the things I would need to do in my apartment to make it safe for my child?

#### INDEPENDENCE

85. What do I do when I'm in a bad mood?
86. What are 4 things that make me mad?
87. Am I afraid or embarrassed to admit that I don't know something?
88. What do I do now when I'm by myself?
89. I am familiar with the community resources available if I need help.
90. These are the adults who would help me adjust to living on my own after I leave home.
91. These are 3 favorite things I like to do to have fun. Are they legal?
92. Do I break a lot of the rules at home?

