

FOOD FOR THOUGHT

Feeding Your Infant Infographic

Prepare a computer-generated infographic that would explain these techniques. Turn in a rough draft before completing the infographic. Pin finished project to classroom board on Pinterest.

1. Which nutrients are important to my infants' health and growth?
2. How much should my infant eat?
3. Why is it important that my infant's nutritional needs be met?
4. If my baby is premature, how does my baby's nutritional needs differ from a healthy full term baby?
5. What are the community resources available relating to feeding my baby?
6. What long-term effects do propping up the baby's bottle while feeding cause?
7. Why should I hold my baby certain ways during feeding and burping?
8. Why should I burp a baby?
9. What are the benefits of holding a child while feeding?
10. If bottle-feeding, how will I choose the type of formula to use?
11. What if my baby has allergies?
12. How will not using proper sanitation and mixing procedures affect my child?
13. Why is it important to follow label directions exactly?
14. Why is it important to use proper hygiene in preparing baby's bottle?
15. How long can baby's formula or breast milk be stored?
16. How should I store formula or breast milk?
17. How should I heat formula or breast milk?
18. How will I know my baby is ready for solid food?