

ANTICIPATION GUIDE

Epidural Anesthesia for Childbirth NAME _____

Directions: Before beginning this unit, complete the left BEFORE column circling true or false for each statement.

BEFORE

AFTER

TRUE	FALSE	1. A midwife will administer an epidural	TRUE	FALSE
TRUE	FALSE	2. Your back will be numbed before the epidural	TRUE	FALSE
TRUE	FALSE	3. You must lay on your stomach for and epidural	TRUE	FALSE
TRUE	FALSE	4. There are no side effects or risks with an epidural	TRUE	FALSE
TRUE	FALSE	5. A benefit of an epidural is that you will be awake & alert when baby is born	TRUE	FALSE
TRUE	FALSE	6. Epidurals make you and baby very groggy	TRUE	FALSE
TRUE	FALSE	7. You may shiver because of anesthesia	TRUE	FALSE
TRUE	FALSE	8. You will feel pain relief immediately	TRUE	FALSE
TRUE	FALSE	9. The anesthesia is dripped through an infusion pump	TRUE	FALSE
TRUE	FALSE	10. Epidural is the only method of childbirth pain relief	TRUE	FALSE

See the article “ Epidural Anesthesia for Childbirth” and then answer the statements TRUE or FALSE in the right AFTER column. Discuss and compare with classmate. Explain below how you did before and then after reading the chart.

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Epidural Anesthesia for Childbirth

NAME TEACHER KEY

Directions: Before beginning this unit, complete the left BEFORE column circling true or false for each statement.

BEFORE

AFTER

TRUE	FALSE	1. A midwife will administer an epidural		FALSE
TRUE	FALSE	2. Your back will be numbed before epidural	TRUE	
TRUE	FALSE	3. You must lay on your stomach for and epidural		FALSE
TRUE	FALSE	4. There are no side effects or risks with an epidural		FALSE
TRUE	FALSE	5. A benefit of an epidural is that you will be awake & alert when baby is born	TRUE	
TRUE	FALSE	6. Epidurals make you and baby very groggy		FALSE
TRUE	FALSE	7. You may shiver because of anesthesia	TRUE	
TRUE	FALSE	8. You will feel pain relief immediately		FALSE
TRUE	FALSE	9. The anesthesia is dripped through an infusion pump	TRUE	
TRUE	FALSE	10. Epidural is the only method of childbirth pain relief		FALSE

See the article “ Epidural Anesthesia for Childbirth” and then answer the statements TRUE or FALSE in the right AFTER column. Discuss and compare with classmate. Explain below how you did before and then after reading the chart.