

# Temperaments

Name \_\_\_\_\_ Date \_\_\_\_\_

Counselors  
Frustrated  
Fussy  
Hugging  
Less  
Music  
New  
Noises  
Quiet  
Retreat  
Sensitive  
Shy

## **Slow To Warm Up or Cautious Temperament 15%**

This is also called the \_\_\_\_\_ child who is usually \_\_\_\_\_ as a baby. He is reluctant to try \_\_\_\_\_ things and will appear to be \_\_\_\_\_. They do not like \_\_\_\_\_. They are \_\_\_\_\_ active, can be mellow or calm and can sleep through \_\_\_\_\_. When they are over stimulated, they will \_\_\_\_\_ by looking or turning away. They prefer \_\_\_\_\_ activities. They get \_\_\_\_\_ with difficult tasks and will give up easily. These children can grow up to be sensitive to other people and work as \_\_\_\_\_ or therapists, or use their sensitivity in the fields of \_\_\_\_\_, art, or drama.

## **Easy or Flexible Temperament 40 %**

Calm  
Easily  
Goals  
Good  
Love  
Mildly  
Occupied  
Placid  
Routine  
Temper

This type is also called the \_\_\_\_\_ child. Most babies fit into this category and they are usually in a \_\_\_\_\_ mood. When they are hungry or have discomfort, they usually react \_\_\_\_\_. They get less upset by changes in their \_\_\_\_\_ and adjust \_\_\_\_\_ to new people and situations. They are content to keep themselves \_\_\_\_\_ when left alone. When they are fussy, they are able to find ways to \_\_\_\_\_ themselves down. These children go through life with a minimum of fuss but need \_\_\_\_\_ and encouragement to push themselves toward achieving their \_\_\_\_\_. They grow up to be peacemakers; any job that requires an even \_\_\_\_\_ and they will get along with co-workers.

## **Active or Feisty Temperament 10 %**

Attention  
Cannot  
Difficult  
Leader  
Loudly  
Normal  
Pain  
Positive  
Praise  
President  
Sleepers  
Soothe  
Sports  
Strong  
Trouble  
Vigorously

This type is also referred to as the \_\_\_\_\_ child. This child is \_\_\_\_\_ willed, eats more \_\_\_\_\_ and cries more \_\_\_\_\_. At times, difficult babies are hard to \_\_\_\_\_ when they are fussy and they \_\_\_\_\_ sooth themselves. They are usually very light \_\_\_\_\_ and awake more than other babies. This child is constantly active and demands a great deal of \_\_\_\_\_. This child reacts strongly to lights, sounds, texture and \_\_\_\_\_. Temper tantrums are \_\_\_\_\_ so parents must impose reasonable limits. With lots of love and \_\_\_\_\_, this child can grow up to be a responsible \_\_\_\_\_ of people. They can use their aggressiveness in \_\_\_\_\_ or being the \_\_\_\_\_ of a company. However, if the aggressive behavior is not limited or channeled in a \_\_\_\_\_ direction, this child could get into a lot of \_\_\_\_\_.

# Temperaments

Name \_\_\_\_\_

Date \_\_\_\_\_

Counselors  
Frustrated  
Fussy  
Hugging  
Less  
Music  
New  
Noise  
Quiet  
Retreat  
Sensitive  
Shy

## **Slow To Warm Up or Cautious Temperament 15%**

This is also called the **sensitive** child who is usually **fussy** as a baby. He is reluctant to try **new** things and will appear to be **shy**. They do not like **hugging**. They are **less** active, can be mellow or calm and can sleep through **noise**. When they are over stimulated, they will **retreat** by looking or turning away. They prefer **quiet** activities. They get **frustrated** with difficult tasks and will give up easily. These children can grow up to be sensitive to other people and work as **counselors** or therapists, or use their sensitivity in the fields of **music**, art, or drama.

## **Easy or Flexible Temperament 40 %**

This type is also called the **placid** child. Most babies fit into this category and they are usually in a **good** mood. When they are hungry or have discomfort, they usually react **mildly**. They get less upset by changes in their **routine** and adjust **easily** to new people and situations. They are content to keep themselves **occupied** when left alone. When they are fussy, they are able to find ways to **calm** themselves down. These children go through life with a minimum of fuss but need **love** and encouragement to push themselves toward achieving their **goals**. They grow up to be peacemakers; any job that requires an even **temper** and they will get along with co-workers.

Calm  
Easily  
Goals  
Good  
Love  
Mildly  
Occupied  
Placid  
Routine  
Temper

## **Active or Feisty Temperament 10 %**

This type is also referred to as the **difficult** child. This child is **strong** willed, eats more **vigorously** and cries more **loudly**. At times, difficult babies are hard to **soothe** when they are fussy and they **cannot** sooth themselves. They are usually very light **sleepers** and awake more than other babies. This child is constantly active and demands a great deal of **attention**. This child reacts strongly to lights, sounds, texture and **pain**. Temper tantrums are **normal** so parents must impose reasonable limits. With lots of love and **praise**, this child can grow up to be a responsible **leader** of people. They can use their aggressiveness in **sports** or being the **president** of a company. However, if the aggressive behavior is not limited or channeled in a **positive** direction, this child could get into a lot of **trouble**.

Attention  
Cannot  
Difficult  
Leader  
Loudly  
Normal  
Pain  
Positive  
Praise  
President  
Sleepers  
Soothe  
Sports  
Strong  
Trouble  
Vigorously