

Temperaments

Name _____ Date _____

Counselors
Frustrated
Fussy
Hugging
Less
Music
New
Noises
Quiet
Retreat
Sensitive
Shy

Slow To Warm Up or Cautious Temperament 15%

This is also called the _____ child who is usually _____ as a baby. He is reluctant to try _____ things and will appear to be _____. They do not like _____. They are _____ active, can be mellow or calm and can sleep through _____. When they are over stimulated, they will _____ by looking or turning away. They prefer _____ activities. They get _____ with difficult tasks and will give up easily. These children can grow up to be sensitive to other people and work as _____ or therapists, or use their sensitivity in the fields of _____, art, or drama.

Calm
Easily
Goals
Good
Love
Mildly
Occupied
Placid
Routine
Temper

Easy or Flexible Temperament 40 %

This type is also called the _____ child. Most babies fit into this category and they are usually in a _____ mood. When they are hungry or have discomfort, they usually react _____. They get less upset by changes in their _____ and adjust _____ to new people and situations. They are content to keep themselves _____ when left alone. When they are fussy, they are able to find ways to _____ themselves down. These children go through life with a minimum of fuss but need _____ and encouragement to push themselves toward achieving their _____. They grow up to be peacemakers; any job that requires an even _____ and they will get along with co-workers.

Attention
Cannot
Difficult
Leader
Loudly
Normal
Pain
Positive
Praise
President
Sleepers
Soothe
Sports
Strong
Trouble
Vigorously

Active or Feisty Temperament 10 %

This type is also referred to as the _____ child. This child is _____ willed, eats more _____ and cries more _____. At times, difficult babies are hard to _____ when they are fussy and they _____ sooth themselves. They are usually very light _____ and awake more than other babies. This child is constantly active and demands a great deal of _____. This child reacts strongly to lights, sounds, texture and _____. Temper tantrums are _____ so parents must impose reasonable limits. With lots of love and _____, this child can grow up to be a responsible _____ of people. They can use their aggressiveness in _____ or being the _____ of a company. However, if the aggressive behavior is not limited or channeled in a _____ direction, this child could get into a lot of _____.

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Slow To Warm Up or Cautious Temperament 15%

This is also called the **sensitive** child who is usually **fussy** as a baby. He is reluctant to try **new** things and will appear to be **shy**. They do not like **hugging**. They are **less** active, can be mellow or calm and can sleep through **noise**. When they are over stimulated, they will **retreat** by looking or turning away. They prefer **quiet** activities. They get **frustrated** with difficult tasks and will give up easily. These children can grow up to be sensitive to other people and work as **counselors** or therapists, or use their sensitivity in the fields of **music**, art, or drama.

Easy or Flexible Temperament 40 %

This type is also called the **placid** child. Most babies fit into this category and they are usually in a **good** mood. When they are hungry or have discomfort, they usually react **mildly**. They get less upset by changes in their **routine** and adjust **easily** to new people and situations. They are content to keep themselves **occupied** when left alone. When they are fussy, they are able to find ways to **calm** themselves down. These children go through life with a minimum of fuss but need **love** and encouragement to push themselves toward achieving their **goals**. They grow up to be peacemakers; any job that requires an even **temper** and they will get along with co-workers.

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Active or Feisty Temperament 10 %

This type is also referred to as the **difficult** child. This child is **strong** willed, eats more **vigorously** and cries more **loudly**. At times, difficult babies are hard to **soothe** when they are fussy and they **cannot** sooth themselves. They are usually very light **sleepers** and awake more than other babies. This child is constantly active and demands a great deal of **attention**. This child reacts strongly to lights, sounds, texture and **pain**. Temper tantrums are **normal** so parents must impose reasonable limits. With lots of love and **praise**, this child can grow up to be a responsible **leader** of people. They can use their aggressiveness in **sports** or being the **president** of a company. However, if the aggressive behavior is not limited or channeled in a **positive** direction, this child could get into a lot of **trouble**.

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